
St George Illawarra Dragons

Community Report

Nov 20 - Mar 21



'The Best You Can Be' Diary (Primary School)

The Dragons health and wellbeing school resource 'The Best You Can Be' is a 44-page resource with numerous focuses and tips for students to follow.

2021 topics are headlined by the theme: 'Dragons Stage War on Healthy Lifestyles', and include importance of sleep, nutrition, respect, screen time, mindfulness, body image and resilience

Dragons players also draw from their own lives to provide motivation for all children to be the best they can be in all aspects of life.

We are currently just shy of 100 schools participating, 72 local catchment schools and 26 remote and rural schools (outreach schools)



8441

STUDENTS

will be encouraged to make positive choices around health, education and social issues



SCHOOLS



97

schools taking part in program, up from 78 in 2020

345

TEACHERS / CLASSROOMS



engaged in wellbeing conversations and physical activity lessons throughout 2021

OUTREACH SCHOOLS

26

participating schools in the BYBC from far west NSW



proudly supported by



Illawarra

Albion Park PS
Austinmer PS
Barrack Heights PS
Bellambi PS
Berkeley PS
Corrimal East PS
Dapto PS
Figtree Heights PS
Good Samaritan Fairy Meadow
Gwynneville PS
Hayes Park PS
Jamberoo PS
Kiama PS
Keiraville PS
Kemblawarra PS
Koonawarra PS
Lake Illawarra South PS
Minnamurra PS
Mt Brown PS
Mt Terry PS
Nazareth Catholic Primary School
Pleasant Heights PS
St Puis X Unanaderra
Gerrington PS
Russell Vale PS
Stella Maris PS, Shellharbour
St Joseph's Bulli PS
St Therese PS, Wollongong
St Collumbkillies, Corrimal
Towradgi PS
Unanderra PS
Warilla PS
Warrawong HS
Wollongong West PS
Windang PS

South Coast

Mogo PS
Batemans Bay PS
Bomaderry PS
Camberwarra PS
Huskisson PS
Sunshine Bay PS
Sanctuary Point PS
Sussex Inlet PS
Moruya PS
St Michaels, Nowra
St Mary's Milton
Greenwell Point PS

Outreach

Lake Wyangan PS
Young North PS
Goolgowi PS
Hanwood PS
EA Southee PS
Broken Hill Nth
Ivanhoe Central
Grenfell PS
Mudgee PS
Dunedoo CS
Delegate PS
Tharbogang PS
Ardlethan CS
Bedgerabong PS
Trangie Central
Busby West PS
Finley PS
Temora West PS
Tallimba PS
School of the Air-Broken Hill & Hay
Wylong PS
Binnaway PS
Rankin's Springs PS
Ariah Park Central
Naradhan Public School
Murringo PS

Far South Coast

Bega Valley PS
Bermagui PS
Eden PS
Narooma PS
St Pats Bega
Tathra PS
Wolumla PS
Quaama PS
Central Tilba PS
Cobargo PS
Pambula PS

Kogarah

Athelstane PS
Bexley PS
Brighton Le Sands PS
Carlton PS
Carlton South PS
St Thomas More's, Brighton
St Joseph's Riverwood
Lugarno PS
Oatley PS
Peakhurst West PS
Sans Souci PS
Undercliffe PS





THE BEST YOU CAN BE

HEALTH AND WELLBEING PROGRAM

Broken Hill North PS

School of the Air Broken Hill

Binnaway PS

Ivanhoe CS

Trangie CS

Dunedoo CS

Naradhan PS

Bedgerabong PS

Mudgee PS

Rankin's Springs PS

Wylong PS

Grenfell PS

Goolgowi PS

Tallimba PS

Ardlethan CS

Ariah Park CS

Temora West PS

Tharbogang PS

Lake Wyangan PS

Murringo PS

Young North PS

Hanwood PS

EA Southee PS

Busby West PS

Finley PS

Athelstane PS

Bexley PS

Brighton Le Sands PS

Carlton PS

Carlton South PS

St Thomas More's, Brighton

St Joseph's Riverwood

Lugarno PS

Oatley PS

Peakhurst West PS

Sans Souci PS

Undercliffe PS

12 schools in Kogarah

47 schools in Illawarra South Coast

Albion Park PS

Austinmer PS

Barrack Heights PS

Bellambi PS

Berkeley PS

Corrimal East PS

Dapto PS

Figtree Heights PS

Good Samaritan Fairy

Meadow

Gwynneville PS

Hayes Park PS

Jamberoo PS

Kiama PS

Keiraville PS

Kemblawarra PS

Koonawarra PS

Lake Illawarra South PS

Mogo PS

Batemans Bay PS

Bomadery PS

Camberwarra PS

Huskisson PS

Sunshine Bay PS

Sanctuary Point PS

Sussex Inlet PS

Minnamurra PS

Mt Brown PS

Mt Terry PS

Nazareth Catholic Primary

School

Pleasant Heights PS

St Puis X Unanaderra

Gerrington PS

Russell Vale PS

Stella Maris PS,

Shellharbour

St Joseph's Bulli PS

St Therese PS, Wollongong

St Paul's PS, Albion Park

St Collumbkilles, Corrimal

Towradgi PS

Unanderra PS

Warilla PS

Warrawong HS

Wollongong West PS

Windang PS

Moruya PS

St Michaels, Nowra

Greenwell Point PS

12 schools in Far South Coast

Eden PS

Wolumla PS

Quaama PS

Central Tilba PS

Cobargo PS

Pambula PS

Bega Valley PS

Bermagui PS

Narooma PS

St Pats Bega

Tathra PS

Delegate PS



2021 Blitz/Community Carnival

The St George Illawarra Dragons spread their wings across all corners of the state in February and March during their long-awaited annual community blitz.

As far south to Eden, across to the Central West and back to our St George Illawarra catchment, the Dragons covered 49 school interacting with more than 8000 students, sharing important messages around Respect and how playing community sport, like rugby league can teach great values.

This year players and staff worked together delivering the NRL League Stars 'Inspire, Respect' program, an outdoor engaging program, focusing on the importance of respecting yourself and respecting others.

The visits kicked off on February 10 in the St George and Shoalhaven region engaging with students from 19 schools.

Carlton South PS
Brighton Le Sands PS

Athelstane PS

Carlton PS

Oatley PS

Gulgong PS

Gulgong HS

Cudgegong PS

Bomaderry PS

Sussex Inlet PS

Shoalhaven HS

Tomerong PS

St Josephs' PS Riverwood

Undercliffe PS

Beverley Hills North PS

St Marouns PS

Sans Souci PS

Dunedoo PS

St Michael's Dunedoo PS

St Matthews PS Mudgee

Mudgee HS

Mudgee PS

Rylstone PS

Kandos PS



Vincentia PS

Tomerong PS

Falls Creek PS

Terara PS

Greenwell Point PS

Austinmer PS

Balgownie PS

Scarborough PS

St Therese PS, Wollongong

Coledale PS

Bellambi PS

Woonona East PS

Keiraville PS

Dapto PS

Koonawarra PS

St John's PS, Dapto

Balarang PS

Albion Park PS

Primbee PS

Shell Cove PS

Shellharbour PS

St Brigid's, Gwynneville

Towradgi PS





2021 Indigenous Polo

Our Spirit People and our Spiritual Guides

In the Dreaming, our spirit Ancestors are spiritually there to protect and guide us. In order for us to gain self-determination, our culture and spiritual belief must be at the forefront for our survival.

The Spirit people are our protectors. The animals are our spiritual guides, our totems.

This is the journey we take in life. We must reconcile with the past so we can make our future brighter.

About the Artist: Robert McLeod

I am a proud Yuin/Monaro man. I am currently participating and residing at Oolong House, an AOD residential rehabilitation centre in Nowra.

My aim personally is to overcome the difficulties of alcohol and drug addiction. This painting is helping me stay clean and to become a proud father for my family. It is important to me on this journey that my people and our culture is recognised and acknowledged.

Culture will get me there.



2021 Indigenous Jersey

THE GATHERING

This painting is about coming together as one, on ancestral Dharawal land, also the land that much of the St George Illawarra Dragons catchment covers.

The central circle, the Reconciliation circle, symbolises the reconciliation of Indigenous and non-Indigenous people. Within the circle, we welcome to country, with the gum leaves and white dots representing smoking ceremonies that Aboriginal People do to cleanse.

The three circles together represent the past, present and future Dragons players. The placing of the circles are, by design, in the shape of a V.

The humpback whale, spiritual guide of the Dharawal people, is surrounded by circular red and white dots representing the Dharawal people and the fans. Present also are the animal spiritual guides of many past, present and future Aboriginal players and fans, who come from far and wide, across many lands. The white lines you see are the shellfish and fish, some of the traditional foods from this area.

The Rainbow Serpent, creator of our land, holds significance, is situated within.

